



Job Description: Associate Sports Massage Therapist

Job Title

Associate Sports Massage Therapist

Location

[Goonhavern, Cornwall]

Employment Type

Part-Time Self-Employed Associate

Reports To

Physiotherapist / Clinic Manager

Job Summary

We are seeking a motivated and professional Associate Sports Massage Therapist to join our growing team. The successful candidate will provide high-quality sports massage treatments and soft tissue therapy to a diverse client base, including athletes, active individuals, and clients seeking relief from musculoskeletal discomfort. The role involves assessing client needs, developing treatment plans, maintaining accurate records, and contributing to an exceptional client experience.

This position offers an opportunity to work within a multidisciplinary environment focused on injury prevention, recovery, rehabilitation support, and performance enhancement.

Key Responsibilities

Clinical Duties

- Conduct thorough client consultations, including medical history and physical assessments.
- Deliver sports massage and soft tissue therapy treatments tailored to individual client needs.
- Develop and implement treatment plans designed to support recovery, injury prevention, and performance goals.
- Identify contraindications and refer clients to appropriate healthcare professionals when necessary.
- Provide clients with advice on stretching, mobility, recovery strategies, and self-management techniques.
- Monitor client progress and adapt treatment plans accordingly.
- Maintain accurate, confidential, and up-to-date client records.

Professional Practice

- Adhere to professional standards, ethical guidelines, and relevant healthcare regulations.
- Maintain professional indemnity and liability insurance.
- Ensure treatment areas are clean, safe, and fully equipped.
- Follow infection prevention and health and safety protocols.
- Participate in continuing professional development (CPD) activities to maintain and enhance clinical skills.

Client Care & Business Development

- Deliver exceptional customer service and build strong client relationships.
 - Assist with client retention through effective communication and follow-up.
 - Support clinic marketing initiatives, including social media content, events, and community engagement where appropriate.
 - Contribute to achieving clinic performance and growth objectives.
 - Collaborate effectively with colleagues and external healthcare professionals.
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Essential Qualifications & Experience

- Level 4 Diploma (or equivalent) in Sports Massage Therapy.
 - Membership with a recognised professional body (e.g., Sports Therapy Association, The Sports Massage Association, or equivalent).
 - Current professional indemnity and public liability insurance.
 - Strong understanding of anatomy, physiology, and musculoskeletal conditions.
 - Excellent communication and interpersonal skills.
 - Ability to work independently and as part of a team.
 - Strong organisational and record-keeping skills.
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Desirable Qualifications & Experience

- Additional qualifications in sports therapy, rehabilitation, dry cupping, kinesiology taping, or related disciplines.
 - Experience working with athletes, sports teams, or within a clinical environment.
 - First Aid certification.
 - Knowledge of rehabilitation exercise prescription.
 - Experience using clinic management software.
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Key Competencies

- Professionalism and integrity
- Client-focused approach

- Clinical reasoning and assessment skills
 - Attention to detail
 - Time management
 - Teamwork and collaboration
 - Commitment to ongoing learning and development
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Working Conditions

- Flexible working hours, including evenings and weekends
 - Clinic-based work with potential opportunities to support sporting events or teams.
 - Physical demands associated with delivering manual therapy treatments.
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Benefits

- Flexible scheduling options.
 - Continuing professional development support.
 - Access to clinic facilities and resources.
 - Collaborative and supportive working environment.
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Equal Opportunities Statement

We are committed to creating an inclusive workplace and welcome applications from suitably qualified candidates regardless of age, disability, gender identity, marriage or civil partnership status, pregnancy and maternity, race, religion or belief, sex, or sexual orientation.

Application Deadline: [28th June 2026]

Start Date: [July / August 2026]

For more information or application submission please contact:

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